

The Goals of Team Building

Team Building refers to the process of establishing and developing a greater sense of collaboration and trust between team members. Interactive exercises, team assessments, and group discussions enable groups to cultivate this greater sense of teamwork. Team building has many contexts, for example in sport clubs and work organizations.

In organizational development, whenever a team embarks upon a process of self-assessment in order to gauge its own effectiveness and thereby improve performance, it engages in team building.

To assess itself, a team seeks feedback to find out both:

- **Its current strengths as a team**
- **Its current weaknesses as a team**

Improving Team Performance:

To improve its current performance, a team uses the feedback from the team assessment in order to:

- **Identify any gap between the desired state and the actual state**
- **Design any gap closure strategy**

Sometimes the term "team building" (or "teambuilding") refers to the process of establishing specific groups to accomplish certain tasks in an organization. Among the ingredients that are critical to the successful set-up and launch of such team efforts are:

- **Setting proper goals and objectives**
- **Creating reasonable timetables**
- **Developing useful matrixes for measuring success or failure**
- **Training on how to work together, including proper communication and listening skills**

The morale of the team is an important variable and is often affected by such factors as:

- **Support**
- **Resources**
- **Communication**
- **Personalities**

As team performance reflects on management, managers should take part in constructing and fostering teams.

Birdieball® Golf Team Building Exercises:

A current, and successful, trend in team building is having teams work together in various Birdieball Golf Team Building exercises outside of their normal job duties. These can range from working together as a team practicing Birdieball Golf or playing Birdieball Golf against another team, to corporate excursions to partake in 9 or even 18 Holes of Birdieball Golf. **Birdieball Golf Team Building** sessions focus on communication, trust, allocating roles, and learning how to work together. Most importantly keep it Fun, Entertaining, Dynamic and Simple.

Recent history has proven that Team Building creates a more effective and efficient work-force for companies from 3 – 3,000. It's also a fact that golf is a microcosm of business and life, that's why golf has been proven to be the all time great Team Builder.

Birdieball® Golf Team Building Games, Events and Consulting are designed to address some or all of the issues outlined above with a variety of training and activities. Birdieball Golf will help you design an Event that best suite your Team Building needs.